



# SensAsian Food

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## SensAsian Food Catering Menu. (Sep 2024)

### Salad:

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Salad € 17 per KG

#### **Japanese Seaweed Salad**

Delicious Kelp and Wakame in Sesame Gingery dressing  
Vegan/ contain Gluten, Soy and Sesame

#### **Spicy Korean Salad**

Medium spicy salad with Carrot, Onion, Chilli in Korean Spicy Dressing  
Vegan/ contain Gluten, Soy and Sesame

#### **Smash Cucumber Hot and Spicy Salad with Sweet Potato Noodle and roasted peanut**

Sichuan style salad in a exciting nutty spicy flavour, noodle is made with sweet potato starch  
Vegan/ contain Gluten, Soy and Sesame

#### **Gado Gado ( Indonesian salad)**

Traditional Indonesian salad with slightly blanched vegetables, boiled potato, fried tofu or tempeh, tomato, cucumber served with a lime peanut sauce dressing to spoon over salad by guests.  
Vegan/ contain Gluten, Soy and Sesame

#### **Chickpea Masala Salad**

Roasted Chickpea in a mild Indian Masala flavour, top with crunchy salad and herbs.  
Vegan/ Gluten Free

#### **Garlic Noodle.**

€ 12 PER KG

Simple but tasty Cantonese Noodle with slight Garlic flavour  
Vegan/ contain Gluten, Soy

#### **Beetroot Tomato Salsa**

Refreshing diced beetroot, tomato, Red Pepper and cucumber with parsley and pomegranate molasse dressing

#### **Vietnamese Salad**

Very refreshing South East Asian slaw with cabbage, celery, carrot, mango, mint and coriander

with or without bean vermicelli  
Vegan/ contain Celery, Soy, Gluten

### **Turkish Bulgur Pilaf Salad**

Turkish style Bulgur Salad with Raisin, Apricot, Beetroot and cucumber, seasoned with tomato, red pepper and fresh herbs.  
Vegan/ contain Gluten

### **Super Kale Salad**

Nutritional Kale with Buckwheat, Butternut Squash, cranberry, raisin and Goji berry, seasoned with preserved Plum and Miso dressing.  
Vegan/ Gluten Free

### **Spicy Korean Noodle Salad**

Sweet Potato Noodle in a JapChae style but with additional Korean Chilli flavour, with Green Bean, Spinach, Carrot and Sweet Potato Noodle  
Vegan/ contain Gluten, Soy

### **Courgette, Green Pea in a Garlic, Kale, Omega Mix dressing**

Very flavourful green salad in Healthy Omega dressing, with Chia seed, flaxseed, sunflower seed, walnut.  
Vegan/ Gluten free, contain nut

### **Parsley, Quinoa, Bean Salad**

Vegan/ Gluten Free

### **Festive Orange & Date Salad, with Mint and Radish**

Vegan/ Gluten Free

### **Potato salad with pickled gherkins, cornichons, red onion with tarragon & chives**

Vegan/ Gluten free

### **Roasted pumpkin, sumac, za'atar, tahini, lime juice & caramelised red onion**

Vegan/ Gluten free

### **Roasted sweet potato with cumin & paprika lentil de puy & spinach**

Vegan/ Gluten free

### **Quinoa, beetroot, cherry & sundried tomatoes, olives, spinach**

Vegan/ Gluten free

## Skewers and light menu

Skewers €6.5 per portion of 2 skewers, including Satay or soy dip.

- 1) Satay Chicken or Beef Skewers ( Contains Peanut, wheat, Soy)
- 2) Teriyaki Chicken or Beef Skewers ( Contains Soy, wheat, Sesame seed)
- 3) Tikka Grilled Chicken Pieces
- 4) Tikka Grilled Prawn Skewers
- 5) Satay Tofu Skewers ( Contains Soy, Wheat, peanut)
- 6) Teriyaki Tofu Skewers ( Contains Wheat, Soy, Sesame)

GYOZA €6.95 FOR 5PCS, INCLUDING GYOZA DRESSING

- 7) Fried Chicken Gyoza ( Contains Wheat, Soy, Sesame)
- 8) Fried Vegetarian Gyoza ( Contains Wheat, Soy, Sesame)

BELOW € 8.5 for 3 pcs, with Sweet chilli

- 9) Handmade Veg Samosa ( Contains Wheat)
- 10) Handmade Veg Spring Rolls ( Contains Wheat, Soy)  
Cabbage, carrot, celery and glass noodles in a light pastry  
Vegan/ contain Gluten, Soy, Celery

## **Hot Dish:**

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Minimum order 10 portions – €17 / Guest

ALL SERVE WITH BOILED RICE EXCEPT THE NOODLE DISH

## **Meat dishes:**

### **Korean Spicy Chicken And Veggie Stir Fry ( DAK GALBI)**

Sliced chicken fillet cooked with Korean chilli paste, slightly sweet and spicy  
( Contain Wheat, Soy, Sesame Seed )

### **Korean Bulgogi Style Beef with Seaweed salad and Kimchi**

Minced beef cooked in Korean style, and come along with our homemade  
Seaweed Salad and  
Kimchi on the side  
( Contain Wheat, Soy, Sesame Seed )

### **Korean Sweet and Spicy Fried Chicken**

Fried chicken fillet cube, coated with our Homemade Korean Sticky sweet  
and spicy sauce  
( Contain Wheat, Soy, Sesame Seed )

### **Beijing Style Shredded Pork Stir Fry**

Finely shredded pork cooked in Beijing style bean sauce, with leek and  
spring onion  
( Contain Wheat, Soy, Sesame Seed )

### **Caramelized Pork belly cube, serve with noodles**

Pork belly braised in aromatic soy and lemongrass base  
(Contain Wheat, Soy, Fish Sauce)

### **Vietnamese Lemongrass Chicken Or Pork with Asian Slaw on a bed of Rice Noodle Salad, with Nước Chấm (Lime Fish Sauce Vietnamese style) to serve with.**

This dish is serve as a Warm Salad

(Contain Fish, Sesame Seed, If Gluten Free is required please state on the Order)

### **Vietnamese Lemongrass Prawn with Asian Slaw on a bed of Rice Noodle Salad, with Nước Chấm (Lime Fish Sauce Vietnamese style) to serve with. (€ 17.5 / guest)**

This dish is serve as a Warm Salad

(Contain Fish, Sesame Seed, If Gluten Free is required please state on the Order)

### **Thai Green Chicken Curry**

Chicken breast pieces and veg in aromatic Thai Coconut Curry base.  
(Contain Fish sauce, Gluten Free)

### **Tikka Masala Chicken Curry**

Indian Chicken Curry with mild spiced base  
(gluten free)

### **Macau Style Chicken Curry**

Creamy Turmeric spiced coconut curry with chicken  
(Contain Dairy, Gluten Free)

### **LemonGrass Chicken Stir Fry**

Vietnamese Style Chicken marinated with Lemongrass and stir fry with Veg  
(Contain Wheat,Soy, Fish sauce)

### **Thai Panang Curry ( Beef or Chicken)**

Rich & Creamy Thai Curry with Peanut and Coconut Milk  
(Contain Fish sauce, Gluten Free)

## **Japanese Beef Curry**

Sweet and Mild Curry with tender Beef pieces  
( Contain Wheat, Soy, Sesame Seed )

## **Hot Dish: Vegan**

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Minimum order 10 portions – €17 / Guest

ALL SERVE WITH BOIL RICE

## **Tikka Masala Tofu Curry**

Gluten Free

## **Lentil and Spinach Dahl**

Gluten Free

## **MaPo Tofu**

Sichuan style Hot and Numb Tofu with kidney bean  
( Contain Wheat, Soy, Sesame Seed )

## **Korean Veggie Rice Bowl**

Fried Tofu, topped with Korean Chilli Sauce, along with our homemade  
Seaweed Salad and Kimchi  
( Contain Wheat, Soy, Sesame Seed )

Please be advised all Hot Meals above includes 13.5% VAT